

# SETTING MILESTONES ON THE ROAD TO RECOVERY

JERUSALEM'S NEW  
REHABILITATION CENTER  
AT HADASSAH MOUNT SCOPUS



A state-of-the-art facility focused  
on *strengthening patients at their*  
most fragile moments.

*Excerpt from the song*

מעל פסגת הר הצופים שלום לך ירושלים  
/ אביגדור המאירי, 1928

*“From the Summit of Mt Scopus”*

*by Avigdor Hameiri, 1928*

...

*From the summit of Mount Scopus,*

*O Jerusalem, peace unto you.*

*Thousands of exiles around the world,*

*Raise up their eyes to you.*

*In thousands of blessings may you*

*be blessed,*

*Kingly sanctuary, royal city.*



The iconic Mount Scopus campus

Hadassah Medical Organization, founded by Hadassah, the Women's Zionist Organization of America, Inc. established modern healthcare in Israel.

At Hadassah, caregivers treat without regard for race,

religion, sexual orientation and nationality. For its achievements and unwavering dedication to peace through equal access to treatment for the people of the region, Hadassah is the only Israeli hospital ever nominated for a Nobel Peace Prize.

A man with a tattoo on his shoulder is in a pool, looking off to the side. The background shows pool equipment and a building.

**THIS IS A PLACE  
WHERE *[WE HELP]* PEOPLE  
TEST THEIR LIMITS  
EVERY DAY.**

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Confronted with fear, with frustration, and with change,  
these patients fight to regain autonomy.

**FOR MANY IT IS A NEW BEGINNING.**



THE URGENCY

# REHABILITATING JERUSALEM'S REHABILITATION CENTER

*Jerusalem is one of the fastest growing and diverse cities in the country. In light of this reality, it is a permanent challenge to grow resources to meet the burgeoning need for rehabilitation.*



At the time the original rehabilitation center was built half a century ago, Jerusalem's population was less than one third its current size. Today, with over 1.2 million inhabitants, it represents one of the fastest growing populations in the country.

Due, in large part to its demographic composition, the nation's capital is not among the richer cities in the country, and access to resources is far more challenging. The average household income in Jerusalem falls under 50% of corresponding household income in Tel Aviv.



Jerusalem's new rehabilitation center at Mount Scopus (Architectural rendering)

**T**he Rehabilitation Center at Mount Scopus is the only facility serving over 1.2 million residents in the greater Jerusalem area. Built half a century ago, the Center has not been able to keep up with the city's population growth. The current center is outdated and exceeds capacity. Patients in need of immediate rehabilitation are confronted with a waiting time which can last as long as three months for treatment and risk longer and more complicated rehabilitation due to the lapse of time.

Today, we are realizing a vision of a new and comprehensive Rehabilitation Center at Mount Scopus. To meet the growing demand for top quality rehabilitative services for decades to come, the new Center will be three times its current size, encompassing approximately 19,500 square meters. The new Center will be a friendly and supportive environment with direct access to a host of multidisciplinary treatments available at the hospital and often necessary during the rehabilitation process. The new Center will be spacious and warm to encourage movement, independence, and a healthy state of mind.



PATIENT OUTCOMES

# GAINING INDEPENDENCE ONE STEP AT A TIME

In rehabilitation there is a “before”  
and an “after” – the patient outcome.

*The months and even years spent in between are a time of  
personal challenge, mental conditioning and dedication to  
an ever evolving goal.*





*“Our ability to walk, use our hands and move our bodies can often be taken for granted, ... until we lose it. **The New Rehabilitation Center at Mount Scopus will help people regain hope and their physical capabilities... restoring their independence and dignity.**”*

- Dr. Tamar Elram, Director Hadassah Hospital Mount Scopus

**I**n life there are circumstances we do not control. Whether foreseen or unexpected, the challenge of rehabilitation can be an arduous one. No matter how prepared a patient is mentally, learning to use one's limbs anew and reconditioning the mind can seem to be almost inconceivable tasks.



“We provide a unique approach to treatment,” explains Dr. Isabella Schwartz, head of the Department of Physical Medicine and Rehabilitation. A multidisciplinary team offers a personal, holistic treatment program for each patient. “In addition to neurologists and orthopedic specialists, caregivers include physical therapists, occupational therapists, social workers, psychologists, speech therapists and dietitians. We are patient-centric and believe in real team work.” This approach, combined with open access to hospital units for intervention as needed, produces results. It is the reason we consistently achieve strong patient outcomes.

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#### **INJURIES:**

**BRAIN, SPINAL CORD, NERVE,  
MUSCLE, BONE, CANCER, STROKE,  
LOSS OF A LIMB, GERIATRICS**





# HARNESSING STRENGTH

*Whether hospital inpatient or outpatient of the Rehabilitation Center, learning how to do everyday tasks again despite limitations caused by injury or illness, is crucial to regaining dignity and independence.*

**B**y focusing on the specialized needs and goals of each individual, our occupational therapy department is dedicated to improving the overall quality of life for our patients. Our dedicated occupational therapists make the most of a person's existing talents and capabilities to assist in developing or regaining important skills that improve their health, welfare, security and independence.



**CHAIM LEV TOV** Victim of a deadly explosion while on a mission to neutralize attack tunnels in Gaza, Chaim Lev Tov suffered extensive injury to his legs and arms. *"You wake up to a reality in which you are no longer what you once were, a soldier in an elite unit in top physical shape. The future looks very grim,"* he confides.

Gravely injured, Lev Tov, regained the use of his arms and legs in the Rehabilitation Center. In 2018, he ran 20 kms of the Jerusalem Marathon and began studies at Hadassah Academic College. Today, he is pursuing his dreams as a vocalist.



Above: Chaim Lev Tov (r) with Nir Barkat, Former Mayor of Jerusalem at the Jerusalem Marathon in 2018



Jerusalem's new rehabilitation center at Mount Scopus (Architectural rendering)

## 4 INPATIENT WINGS

- > Neurology
- > Geriatrics
- > Spinal Cord & Orthopedics
- > Ventilator-Dependent







# 132 BEDS

The Center will grow from 38 existing beds to 132 beds across the four departments. 40 beds in each of the following departments: neurology, geriatrics, spinal cord and orthopedics, and 12 beds in ventilator dependency

# 19,500 m<sup>2</sup>

The Center will accommodate 19,500 m<sup>2</sup> of dedicated patient-centered healing and rehabilitation spaces and facilities

**COMPLETION  
TARGET: 2023**



PHYSICAL THERAPY

# HOPE THROUGH MOVEMENT

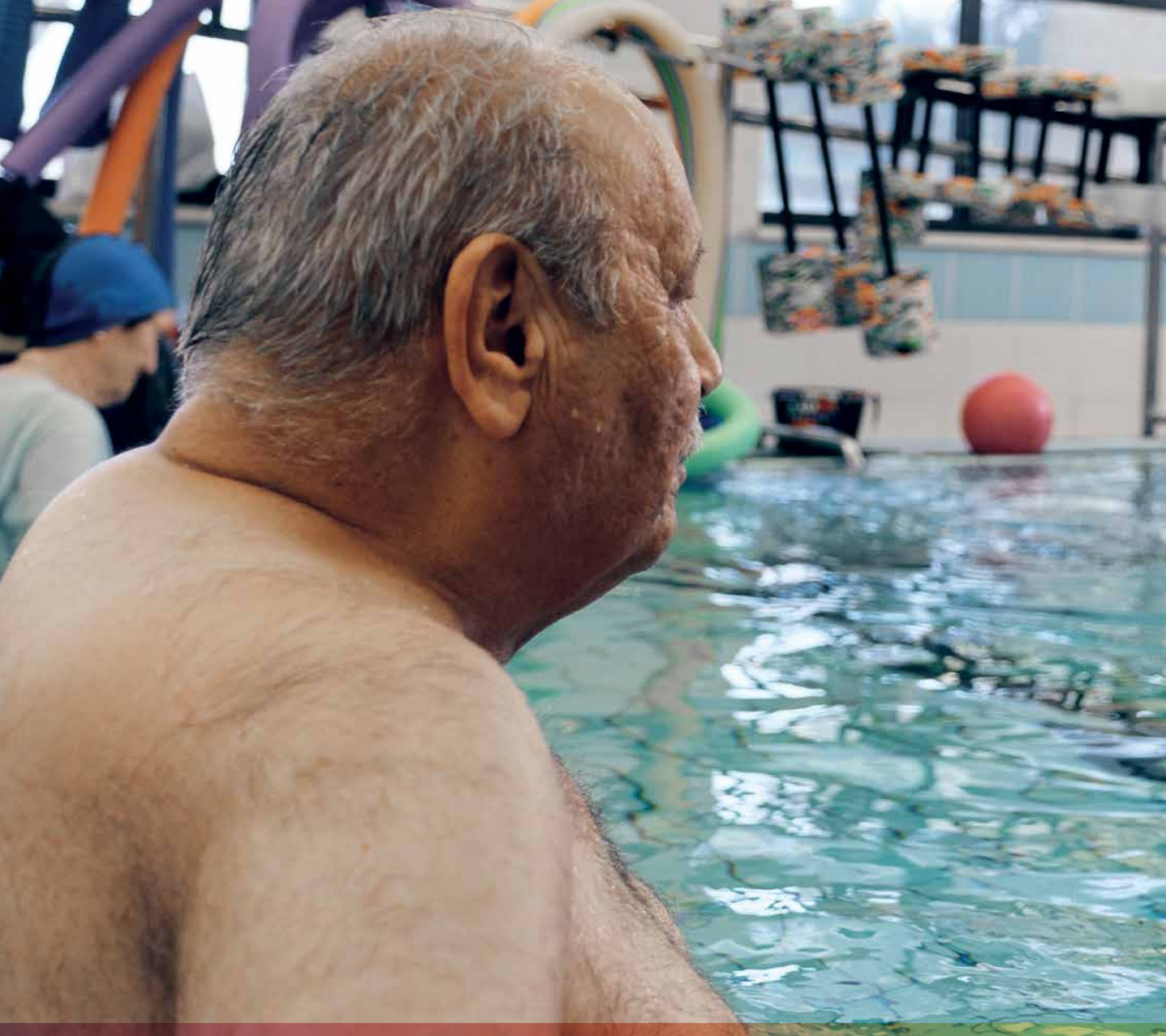
The anticipation of *one day being able to move freely* sustains patients as they willingly endure the pain of aching muscles that are learning to work again.



**T**he Center's physical therapy department provides patients an important 'next step' in their recovery journey. Our physiotherapists treat patients suffering from a wide range of conditions, from neurological injuries to orthopedic injuries in a supportive and caring environment to make the dream of rehabilitation a reality.







#### HYDROTHERAPY

## ALLEVIATING PAIN

*The freedom to move in water is wonderful. The water supports the body, allowing muscles that are still very weak to work and strengthen.*





**H**ydrotherapy is invaluable in helping patients ease pain throughout their regimen. Treatments take place in temperature-controlled warm-water pools comforting patients suffering from chronic pain and contributing to the enhancement of their motor skills.



*“We provide a unique approach to treatment...  
We are patient-centric and believe in real  
team work”*

*Dr. Isabella Schwartz, head of the Department of Physical Medicine  
and Rehabilitation at Hadassah Hospital Mount Scopus*

NEW BEGINNINGS

# LIFE AFTER THERAPY



**ALUMA MEKAITEN GUERTZENSTEIN** Having miraculously survived Jerusalem's Kiryat Menachem bus bombing on November 21, 2002, Aluma celebrates her birthday as though life started over on that tragic day.

Gravely injured, her University studies were halted, and she spent many months in occupational therapy at Hadassah. With iron determination and sheer will, Aluma regained her physical and cognitive abilities. The road was long - but numerous months after the bombing, she found herself starting over. She returned to complete her studies, and successfully reintegrated into civil society. Today, she is married and expecting her first child.



*Photo courtesy Israel Government Press Office / Amos Ben Gershom*





Cornerstone laying ceremony for the New Rehabilitation Center at Hadassah, Mt. Scopus, January, 2019. The late Rabbi Yechiel Eckstein (r) lays the cornerstone with Hadassah Hospital Mount Scopus Director Dr. Tamar Elram (c).

## RABBI ECKSTEIN'S LEGACY

# THE DREAM IS BECOMING REALITY

*The night before he passed away, Rabbi Yechiel Eckstein, Founder and President of the International Fellowship of Christians and Jews (IFCJ), was hard at work raising the funds needed for the new Center.*



Among the first to immediately realize the need for the facility in Jerusalem, Rabbi Eckstein stated “We are proud to support this work, to help soldiers and civilians get back their ability to walk. Jerusalem is not only the capital of Israel but also the center of the world. The Fellowship will continue to support Hadassah Hospital in its sacred work. I have a strong connection to Hadassah Hospital, to Hadassah supporters around the world, and to the city of Jerusalem. In a world in which people talk about ‘branding’, there is no greater ‘brand’ for healing than the word Hadassah.”

The Lokomat, Israel’s most sophisticated robotic treadmill gait therapy machine, was donated to Hadassah by the International Fellowship of Christians and Jews.



2030 MASTER PLAN

# MOUNT SCOPUS CAMPUS DEVELOPMENT

**NEW  
REHABILITATION  
CENTER**

A detailed site plan of the Mount Scopus Campus Development. The plan shows various buildings, parking lots, and roads. A large orange building, labeled 'NEW REHABILITATION CENTER', is located in the upper right quadrant. A large grey building, labeled 'HISTORIC BUILDING', is located in the lower right quadrant. The plan also shows several circular areas, possibly courtyards or parking lots, and a winding road on the left side. The overall layout is complex, with many smaller buildings and structures interspersed throughout the site.

**HISTORIC BUILDING**

## **HADASSAH OFFICES IN ISRAEL**

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# WITH YOUR SUPPORT WE ARE MAKING PROJECTS LIKE THESE A REALITY AT THE NEW MOUNT SCOPUS.

LEARN HOW YOU CAN BRING HOPE AND  
HEALING TO JERUSALEM BY SUPPORTING  
ISRAEL'S SEMINAL MEDICAL CENTER.



Henrietta Szold with first class of  
nurses at Hadassah Mount Scopus

When Hadassah Mount Scopus opened in 1939, the fruition of the vision of Hadassah, the Women's Zionist Organization of America, it was a place of refuge for Europe's physicians and nurses fleeing Hitler's Europe.

The modern building designed by architect Eric Mendelsohn in the 1930's provided the most modern medical care in the Middle East at the time.

Today, Hadassah Mount Scopus serves nearly half the residents of greater Jerusalem's fast-growing heterogeneous population. The proud tradition of innovative and empathetic medicine continues every day.

